## Reinforcement Learning: Zero to ChatGPT

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#### Step 1

Collect demonstration data and train a supervised policy.

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Explain reinforcement

learning to a 6 year old.

We give treats and

punishments to teach...

BBB

A prompt is sampled from our prompt dataset.

A labeler demonstrates the desired output behavior.

This data is used to fine-tune GPT-3.5 with supervised learning.

#### Step 2

Collect comparison data and train a reward model.

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#### Step 3

Optimize a policy against the reward model using the PPO reinforcement learning algorithm.



1. Introduction

2. Trust Region Policy Optimization (TRPO) & Proximal Policy Optimization (PPO)

3. PPO for ChatGPT

### Intro

Wikipedia: reinforcement learning is an area of machine learning inspired by behavioral psychology, concerned with how software **agents** ought to take **actions** in an **environment** so as to maximize some notion of **cumulative reward**.

#### **Reinforcement Learning Problem**



(Poupart, 2022) Goal: Learn to choose actions that maximize rewards Positive reinforcement:

- Food and petting

Negative reinforcement:

- Hunger and scolding

Goal: Maximize the quantity of positive reinforcement



### Example: Inverted pendulum

State:

- Displacement of platform
- Velocity of platform
- Angular displacement of pole
- Angular velocity of pole

Action:

• Force applied to platform ([-3,3])

Reward R(s, a):

- 1 for every time step the pole is upright
- $\cdot$  0 otherwise



(Goulão, 2022)

Dataset:

$$\{(s_t, a_t, r_t, s_{t+1})\}_{t=0}^{T-1}$$

RL agents may or may not include the following components:

- Model P(s'|s, a), P(r|s, a)
   Environment dynamics and rewards
- Policy π(a|s)
   Agent action choices
- Value function V(s) Expected total rewards of the agent policy

Given policy  $\pi$ , estimate  $V_{\phi}(s)$ Monte-Carlo estimation:  $V_{\phi}(s) = E_{\pi}[\sum_{t} \gamma^{t} r_{t}]$ 

Bellman's Equation: Optimal state value function V\*(s):

$$V^*(s) = \max_{a} \left( E[r|s,a] + \gamma \sum_{s'} P(s'|s,a) V^*(s') \right)$$

Update:

$$\phi \leftarrow \phi - \alpha \nabla_{\phi} \left( V_{\phi}(\mathsf{S}_{t}) - (r_{t} + \gamma V_{\phi}(\mathsf{S}_{t+1})) \right)^{2}$$

Q(s, a) estimates total rewards of the agent policy at state s when applying action a

Update (Q-Learning):

$$Q(s,a) \leftarrow Q(s,a) + \alpha(r + \gamma \max_{a'} Q(s',a') - Q(s,a))$$

Update (Deep Q-Learning):

$$W \leftarrow W - \alpha \nabla_{W} (r + \gamma \max_{a'} Q_{W}(s', a') - Q_{W}(s, a))^{2}$$

(Weights of  $Q_w(s', a')$  are frozen)

### **Policy function**

 $\pi_{\theta}(a|s)$ : Probability of choosing action a given state s

- Facilitates exploration

Goal of optimal policy: Choose a sequence of actions that maximize rewards.

$$\begin{aligned} \nabla_{\theta} V_{\theta}(s_0) &= \sum_{s \in S} \sum_{n=0}^{\infty} \gamma^n \Pr(s_0 \to s; n, \theta) \sum_a \nabla_{\theta} \pi_{\theta}(a|s) Q_{\theta}(s, a) \\ &= E_{\theta} [\sum_{n=0}^{\infty} \gamma^n \sum_a Q_{\theta}(S_n, a) \nabla_{\theta} \pi_{\theta}(a|S_n)] \\ &= E_{\theta} \left[ \sum_{n=0}^{\infty} \gamma^n \sum_a \pi_{\theta}(a|S_n) Q_{\theta}(S_n, a) \frac{\nabla_{\theta} \pi_{\theta}(a|S_n)}{\pi_{\theta}(a|S_n)} \right] \\ &= E_{\theta} \left[ \sum_{n=0}^{\infty} \gamma^n Q_{\theta}(S_n, A_n) \frac{\nabla_{\theta} \pi_{\theta}(A_n|S_n)}{\pi_{\theta}(A_n|S_n)} \right] \\ &= E_{\theta} \left[ \sum_{n=0}^{\infty} \gamma^n G_n \frac{\nabla_{\theta} \pi_{\theta}(A_n|S_n)}{\pi_{\theta}(A_n|S_n)} \right] \\ &= E_{\theta} [\sum_{n=0}^{\infty} \gamma^n G_n \nabla_{\theta} \log \pi_{\theta}(A_n|S_n)] \end{aligned}$$

(Poupart, 2022) Update (REINFORCE):

$$\theta \leftarrow \theta + \alpha \gamma^n G_n \nabla_{\theta} \log(\pi_{\theta}(a_n|s_n)), \text{ where } G_n = \sum_{t=0}^{T-n} \gamma^t r_{n+t}$$

Use a policy network  $\pi_{\theta}(a|s)$  as an actor and a value network  $V_{\phi}(s)$  as a critic.

Update (REINFORCE with Baseline):

$$\delta_n = G_n - V_\phi(s_n)$$
  
$$\phi \leftarrow \phi - \nabla_\phi \delta_n^2$$
  
$$\theta \leftarrow \theta + \alpha \gamma^n \delta_n \nabla_\theta \log(\pi_\theta(a_n | s_n))$$

See also: Advantage Actor-Critic, Deep Deterministic Policy Gradient (DDPG), Twin Delayed Deep Deterministic Policy Gradient (TD3) - Uses Q Network as a critic rather than Value Network

# Trust Region Policy Optimization (TRPO) & Proximal Policy Optimization (PPO)

Learning rate is difficult to set

- Small LR: Slow but reliable convergence
- Large LR: Fast but unreliable convergence

We want to optimize a surrogate objective function for the policy network using the value function. Surrogate objective may be trustable (close to V) only in a small region. Limit search to small region. Value network varies more smoothly with changes in policy network compared to policy network parameters.



#### Solution as proposed in TRPO

Define a policy trust region using the Kullback-Leibler divergence:  $KL(\pi_{\theta}(\cdot|s)||\pi_{\theta_{old}}(\cdot|s))$ 

Optimization problem:

 $\theta \leftarrow \text{argmax}_{\theta} E\left[V^{\pi_{\theta}}(s) - V^{\pi_{\theta_{old}}}(s)\right] \text{ s.t. } E\left[KL(\pi_{\theta}(\cdot|s)||\pi_{\theta_{old}(\cdot|s)})\right] < \delta$ 

Using the following approximation (Proof on next page):

$$V^{\pi_{\theta}}(s) - V^{\pi_{\theta_{\text{old}}}}(s) \approx \frac{\pi_{\theta}(a|s)}{\pi_{\theta_{\text{old}}}(a|s)} A(s, a), \text{ where } A(s, a) = R(s, a) + \gamma V(s') - V(s)$$

Update step for TRPO:

$$\theta \leftarrow \operatorname{argmax}_{\theta} E\left[\frac{\pi_{\theta}(a|s)}{\pi_{\theta_{old}}(a|s)}A(s,a)\right] \text{ s.t. } E\left[\mathsf{KL}(\pi_{\theta}(\cdot|s)||\pi_{\theta_{old}}(\cdot|s))\right] < \delta$$

### Derivation

$$\begin{aligned} \operatorname*{argmax}_{\widetilde{\theta}} E_{s \sim \mu_{\theta}, a \sim \pi_{\theta}} \begin{bmatrix} \pi_{\widetilde{\theta}}(a|s) \\ \pi_{\theta}(a|s) \end{bmatrix} A_{\theta}(s, a) \end{bmatrix} &= \operatorname*{argmax}_{\widetilde{\theta}} \sum_{s} \mu_{\theta}(s) \sum_{a} \pi_{\theta}(a|s) \begin{bmatrix} \pi_{\widetilde{\theta}}(a|s) \\ \pi_{\theta}(a|s) \end{bmatrix} A_{\theta}(s, a) \\ &= \operatorname*{argmax}_{\widetilde{\theta}} \sum_{s} \mu_{\theta}(s) \sum_{a} \pi_{\widetilde{\theta}}(a|s) A_{\theta}(s, a) \\ &\quad \operatorname{since}_{\mu_{\widetilde{\theta}}} \approx \mu_{\theta} \\ &\approx \operatorname{argmax}_{\widetilde{\theta}} \sum_{s} \mu_{\widetilde{\theta}}(s) \sum_{a} \pi_{\widetilde{\theta}}(a|s) A_{\theta}(s, a) \\ &\quad \operatorname{since}_{\theta}(s) \propto \sum_{n=0}^{\infty} \gamma^{n} P_{\widetilde{\theta}}(s_{n} = s) \\ &= \operatorname{argmax}_{\widetilde{\theta}} \sum_{s} \sum_{n=0}^{\infty} \gamma^{n} P_{\widetilde{\theta}}(s_{n} = s) \sum_{a} \pi_{\widetilde{\theta}}(a|s) A_{\theta}(s, a) \\ &= \operatorname{argmax}_{\widetilde{\theta}} E_{s_{0}s_{1}, \dots \sim P_{\widetilde{\theta}}}, a_{0}, a_{1}, \dots \sim \pi_{\widetilde{\theta}}} [\sum_{n=0}^{\infty} \gamma^{n} A_{\theta}(s_{n}, a_{n})] \end{aligned}$$

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### **Derivation (continued)**

$$= \underset{\overline{\theta}}{\operatorname{argmax}} E_{s_0, s_1, \dots, \sim P_{\overline{\theta}}}, a_0, a_1, \dots, \sim \pi_{\overline{\theta}} [\sum_{n=0}^{\infty} \gamma^n A_{\theta}(s_n, a_n)]$$

$$= \underset{\overline{\theta}}{\operatorname{argmax}} E_{s_0, s_1, \dots, \sim P_{\overline{\theta}}}, a_0, a_1, \dots, \sim \pi_{\overline{\theta}} [\sum_{n=0}^{\infty} \gamma^n (r(s_n) + \gamma V^{\pi_{\theta}}(s') - V^{\pi_{\theta}}(s_n))]$$

$$= \underset{\overline{\theta}}{\operatorname{argmax}} E_{s_0, s_1, \dots, \sim P_{\overline{\theta}}}, a_0, a_1, \dots, \sim \pi_{\overline{\theta}} [\sum_{n=0}^{\infty} \gamma^n r(s_n) - V^{\pi_{\theta}}(s_0)]$$

$$= \underset{\overline{\theta}}{\operatorname{argmax}} E_{s_0, s_1, \dots, \sim P_{\overline{\theta}}}, a_0, a_1, \dots, \sim \pi_{\overline{\theta}} [V^{\pi_{\overline{\theta}}}(s_0) - V^{\pi_{\theta}}(s_0)]$$

$$= \underset{\overline{\theta}}{\operatorname{argmax}} E_{s_0, s_1, \dots, \sim P_{\overline{\theta}}}, a_0, a_1, \dots, \sim \pi_{\overline{\theta}} [V^{\pi_{\overline{\theta}}}(s_0) - V^{\pi_{\theta}}(s_0)]$$

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$$\theta \leftarrow \operatorname{argmax}_{\theta} E\left[\frac{\pi_{\theta}(a|s)}{\pi_{\theta_{old}}(a|s)}A(s,a)\right] \text{ s.t. } E\left[\mathsf{KL}(\pi_{\theta}(\cdot|s)||\pi_{\theta_{old}(\cdot|s)})\right] < \delta$$

Problem with TRPO: Optimization problem is computationally expensive

Recall KL-Divergence:

$$\mathit{KL}(\pi_{\theta}(\cdot|\mathsf{S})||\pi_{\theta_{old}}(\cdot|\mathsf{S})) = \sum_{a} \pi_{\theta}(a|\mathsf{S}) \log(\frac{\pi_{\theta}(a|\mathsf{S})}{\pi_{\theta_{old}}(a|\mathsf{S})})$$

We are effectively constraining the ratio  $rac{\pi_{ heta}(a|s)}{\pi_{ heta_{old}}(a|s)}$ 

Let's design a simpler objective that constrains  $\frac{\pi_{\theta}(a|s)}{\pi_{\theta_{old}}(a|s)}$ 

$$\operatorname{argmax}_{\theta} E\left[\min\left(\frac{\pi_{\theta}(a|s)}{\pi_{\theta_{old}}(a|s)}A(s,a), clip(\frac{\pi_{\theta}(a|s)}{\pi_{\theta_{old}}(a|s)}, 1-\epsilon, 1+\epsilon)A(s,a)\right)\right]$$



(Schulman et al., 2017)

#### **PPO Algorithm**

- 1. Initiate policy network parameter  $\theta$  and value network parameter  $\phi$
- 2. Run the policy  $\pi_{\theta}$  in the environment for *T* timesteps. Get dataset  $\{s_t, a_t, R_t, s_{t+1}\}_{t=0}^{T-1}$
- 3. Compute the reward  $R_t$  and the advantage  $A_t$

$$A_t = \delta_t + (\gamma \lambda) \delta_{t+1} + ... + (\gamma \lambda)^{T-t-1} \delta_{T-1}$$
 where

 $\delta_t = R_t + \gamma V_{\phi}(s_{t+1}) - V_{\phi}(s_t), \gamma$ : Discount factor ( $\approx 0.99$ ) and  $\lambda$ : Smoothing factor ( $\approx 0.95$ )

- 4. Compute  $r_t(\theta) = \frac{\pi_{\theta}(a_t|s_t)}{\pi_{\theta_{\text{old}}}(a_t|s_t)}$
- 5. Compute the objective function of the policy network:  $L(\theta) = \frac{1}{T} \sum_{t=0}^{T-1} \min[r_t(\theta)A_t, \operatorname{clip}(r_t(\theta), 1 - \epsilon, 1 + \epsilon)A_t] \text{ where } \epsilon:$ clipping parameter ( $\approx 0.2$ )
- 6. Update  $\theta \leftarrow \theta + \alpha_1 \nabla_{\theta} L(\theta)$
- 7. Compute the value network loss as:

$$J(\phi) = \frac{1}{7} \sum_{t=0}^{T-1} |V_{\phi}(s_t) - (R_t + \gamma V_{\phi}(s_{t+1}))|^2$$

- 8. Update  $\phi \leftarrow \phi \alpha_2 \nabla_{\phi} J(\phi)$
- 9. Repeat steps 2–8 for multiple iterations



(Schulman et al., 2017)

#### See also

- Soft Actor Critic (SAC)
  - Stochastic policy based on entropy maximization
- PPO-penalty
  - Constrained RL
- Conservative SAC
  - Offline RL
- C51
  - Distributional RL
- Decision Transformers
  - Partially Observable RL
- Hamilton Jacobi Bellman Proximal Policy Optimization (HJBPPO)
  - Continuous Time RL

**PPO for ChatGPT** 

Human AI trainers provided conversations where they played both sides - the user and a chatbot Combine with InstructGPT dataset Comparison data Model outputs multiple responses to a prompt Human AI trainers ranked each response from best to worst Rewards were computed from rank

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Explain reinforcement

RM

• • • • A new prompt is sampled from the dataset.

Optimize a policy against the

reward model using the PPO reinforcement learning algorithm.

Step 3

The PPO model is initialized from the supervised policy.

The policy generates an output.

The reward model calculates a reward for the output.

The reward is used to update the policy using PPO.

- OpenAI, *Introducing ChatGPT*, https://openai.com/blog/chatgpt, 2022
- Pascal Poupart, CS885 Fall 2022 Reinforcement Learning, https://cs.uwaterloo.ca/ ppoupart/teaching/cs885fall22/schedule.html, 2022
- Richard S. Sutton and Andrew G. Barto, *Reinforcement Learning:* An Introduction (2nd edition), 2018
- Schulman, Levine, Moritz, Jordan, Abbeel, *Trust Region Policy Optimization*, ICML, 2015
- Schulman, Wolski, Dhariwal, Radford, Klimov *Proximal policy optimization algorithms*. Preprint arXiv:1707.06347, 2017

# How to use reinforcement learning to facilitate the training of transformers?